AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in the application:

1. (Currently Amended) A sheet manufacturing method, comprising the steps of: cooling a base having protrusions;

dipping surfaces of said protrusions of said cooled base into a melt material containing at least one of a metal-material and a semiconductor material; and forming crystals of said material on the surfaces of said protrusions.

Claim 2. (Cancelled).

3. (Currently Amended) The sheet manufacturing method according to claim 1, wherein said protrusions have at least one of dot-like-protrusions and linear protrusions.

Claims 4-6. (Cancelled).

7. (Original) The sheet manufacturing method according to claim 1, wherein said protrusions are coated with a coating material of at least one of silicon carbide, boron nitride, silicon nitride and pyrolitic carbon.

Claim 8. (Cancelled).

9. (Original) The sheet manufacturing method according to claim 1, wherein crystal growth of said material starts from said protrusions.

Claims 10-22. (Cancelled).